

**WEEK
ONE**

ST JUDE'S PRIMARY

MENU

DAILY
FILLED SANDWICHES,
JACKETS, YOGHURTS &
FRESH FRUIT

MONDAY

Butter
Chicken with
50/50 Rice

Chickpea
Dhal with
Chapati (v)

sides - rice,
carrots &
green beans

Melon
Slices

TUESDAY

Chicken
Burger in a
Bun

Veggie
Burger in a
Bun (v)

sides - curly
fries &
mixed
vegetables

Orange
Jelly

WEDNESDAY

Lamb
Lasagne

Quorn
Lasagne(v)

sides -
rustic bread,
peas &
sweetcorn

Lemon &
Blueberry
Cake

THURSDAY

Roast Chicken
& Stuffing
with Gravy

Cauliflower
Cheese &
Spinach Bake
(v)

sides - mashed
potatoes,
carrots &
broccoli

Banana
Chocolate
Sponge

FRIDAY

Fish Fingers

Quorn
Dippers(v)

sides -
chips, baked
beans &
ketchup

Ice Cream
Pots

WEEK
TWO

ST JUDE'S PRIMARY

MENU

DAILY
FILLED SANDWICHES,
JACKETS, YOGHURTS &
FRESH FRUIT

MONDAY

Mac n Cheese
Topped with
Breadcrumbs
(v)

Quorn Veggie
Wrap (v)

sides - peas
& swetcorn

Fruity
Flapjack

TUESDAY

Chicken
Curry with
Rice & Naan
Bread

Jacket
Potato with
a Selection
of Fillings

sides -
mixed
vegetables

Jelly

WEDNESDAY

Swedish
Meatballs in
Tomato
Sauce

Lentil
Bolognese(v)

sides -
spaghetti,
peas & green
beans

Strawberry
Red Velvet
Cookie

THURSDAY

Cottage Pie
with Gravy

Quorn Roast
with Gravy
(v)

sides -
mashed
potatoes,
carrots &
broccoli

Ring
Doughnut

FRIDAY

Flipper
Dippers

Cheese &
Onion
Roll(v)

sides -
chips, baked
beans &
ketchup

Ice Cream
Pots

WEEK
THREE

ST JUDE'S PRIMARY MENU

DAILY

FILLED SANDWICHES,
JACKETS, YOGHURTS &
FRESH FRUIT

MONDAY

Cheese &
Tomato Pizza
(v)

Tomato &
Basil Pasta
(v)

sides - peas
& potato
wedges

Raisin
Cookie

TUESDAY

Chicken
Wrap

Jacket
Potato with
a Selection
of Fillings

sides -
savoury rice
& mixed
vegetables

Rice
Pudding &
Jam

WEDNESDAY

Jerk Chicken

Vegetable
Samosa &
Cucumber
Raita (v)

sides -
50/50 rice,
green salad
& coleslaw

Chocolate
Mousse &
Strawberries

THURSDAY

All Day
Breakfast

Quorn
Sausage (v)

sides - baked
beans,
tomatoes &
mushrooms

Blueberry
Muffin

FRIDAY

Fish Star or
Salmon
Fishcake

Quorn
Nuggets(v)

sides -
chips, baked
beans &
ketchup

Ice Cream
Pots